"Opioid-involved overdose deaths among Minnesotans increased 43% from 2020 to 2021, and the number of deaths has more than doubled since 2019."- (MDH, 2023).

Be responsible with your prescription medications.

""The number of opioids reported as dispensed in Minnesota has been steadily decreasing since 2017." (MDH, 2023).



Remove the Risk: Safe Prescription Drug Disposal

For more information please contact:

Norman-Mahnomen Public Health 218-784-5425 218-935-2527

Polk County Public Health 218-281-3385



Updated 05.2023



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Medication Drop Box Sites

East Grand Forks Police Department 520 Demers Ave. East Grand Forks. MN 218-773-1104

**Crookston Police Department** 321 West Robert St, Crookston, MN 218-281-3111

Polk County Sheriff's Office 600 Bruce St. Crookston, MN 218-281-0431

Fosston City Clerk's Office 220 1st St E. Fosston. MN 218-435-1959

Norman County Sheriff's Office 15 2nd Ave E #109. Ada. MN 218-784-7114

Mahnomen County Sheriff's Office 311 North Main St. Mahnomen. MN 218-935-2255

## **FDA Recommendations** for Drug Disposal:

- Follow any specific disposal instructions on the medication drug label
- Do not flush medications unless the drug label instructs you to do so.
- Utilize your local drug take back service.

Protect your private information by blacking out personal identifiers on medication before disposing of medication bottles.

Polk County Public Health and Norman-Mahnomen Public Health offer medication disposal packets for safe prescription medication disposal.

Give us a call to learn more.



## **Preventing Prescription Drug Misuse**

- Dispose of unwanted medications properly as soon as possible.
- Use medications only as directed.
- Store medications in a locked cabinet and out of reach of children and pets.
- It is illegal to use prescription drugs prescribed to other individuals.
- Keeping unused opioid pain medications on hand can increase risk of overdose.

Unused medications left in the home can lead to accidental poisoning and increased risk of medication theft. Make a monthly habit of checking your medicine cabinet for expired or discontinued medications.

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